# NEWSLETTER HILLVIEW MEDICAL CENTRE

**NEWSLETTER 3** 

#### FREE NHS HEALTH CHECK

Are you aged between 40 – 74? If so, please ask the receptionist about a free NHS Health Check.

Everyone is at risk of developing heart disease, stroke, diabetes or kidney disease.

Therefore please take this opportunity for your free check now.

This service is a preventative one therefore we cannot offer you this check if you have already been diagnosed with coronary heart disease, chronic kidney disease, diabetes, hypertension, atrial fibrillation, heart failure, TIA or Peripheral Arterial Disease.

#### **VACCINATIONS**

## MMR Catch-up campaign

We will shortly be recalling any unvaccinated patients aged 10 to 17 years for their MMR vaccination. If you are aged over 17 and have not been fully immunised please book an appointment with the nurse.

## Rotavirus

From July 2013 there will be a new childhood immunsation to protect infants against Rotavirus. This vaccine will comprise of two doses of rotavirus which will be given to infants at the age of two months and three months when they attend for their routine childhood immunisations.

## **Shingles**

A new shingles immunisation programme is being introduced in September 2013 comprising of a single injection to last a lifetime which will initially be offered to patients aged 70. Further details will follow once they are available.

From Dr Jonathan Wells: Hillview Medical Centre is one of the 22 practices forming Redditch and Bromsgrove Clinical Commissioning Group (RBCCG), which has a combined patient population of around 170000. All practices in Redditch and Bromsgrove have been working together since 2006 to help plan healthcare services for our patients. This is achieved through our involvement in Clinical Commissioning, which gives GPs and other health professionals a greater say in how NHS resources are used.

There is a GP Lead for Commissioning in each practice; FIVE GPs sit on RBCCG Board, and I have been appointed as Chair and Clinical Lead, spending 2 days a week in this role.

Find out more at the CCG website: <a href="https://www.redditchandbromsgroveccg.nhs.uk">www.redditchandbromsgroveccg.nhs.uk</a>.

Follow me on twitter @RBCCG Chair

### **EMERGENCIES**

If you need a doctor when the surgery is closed please call the
Out of Hours Service on 111

### PRESCRIPTION LINE

Please note that the prescription telephone request line is now available 1pm – 3pm only, therefore, please consider registering on our website <a href="https://www.hillviewmedicalcentre.com">www.hillviewmedicalcentre.com</a> to order your repeat prescriptions.

You can also update your address, complete travel health forms and get practice updates and news on the latest health issues.

# CHD/ASTHMA/COPD

If you have asthma, COPD, or a history of stroke or heart problems please book into our clinics on an annual basis. To avoid unnecessary complications it is important that all patients are monitored even when they are well.

## **Learning Disabilities**

Do you have a learning disability or care for someone who does? If so please enquire at reception about booking a full health check with the practice nurse and Dr Giles on an annual basis.