

Hillview Medical Centre

FLU VACCINATIONS BOOK NOW

If you are aged over 65 or have *Chronic Respiratory Disease, Chronic Heart Disease, Chronic Kidney Disease, Chronic Liver Disease, Stroke, Diabetes, are immuno suppressed or are pregnant*, please make an appointment now to have your flu vaccine. If you do not wish to have a flu vaccine despite being eligible for one, please let the receptionist know in order to prevent us from contacting you.

This year we are also offering the nasal flu spray to all **children** aged 2, 3 and 4 years old born between **1.9.11—31.8.14**

Men's Health

When did you last have your blood pressure checked? Have you had a health check in the last five years? The surgery offer a free NHS health check to anyone aged 40—74 who are not already being monitored. Please book an appointment for your blood tests and full health check now

Shingles

Were you aged 70 or 78 on 1 September 2016? If so you are now eligible to receive a shingles vaccine. This is a one off vaccination. For more details or to make an appointment please contact the surgery

Patient Online Access

Patient Online Access now allows you to book appointments online in addition to ordering your prescriptions straight from your medical records. It is available to all patients aged 16 and over. You can also access sections of your records and results. If you would like to register please send your name, date of birth, mobile number and email address to mprescriptions2@nhs.net. We will then produce a registration form for you to collect in person. Please bring ID when you attend.

NHS Screening Programme

Cervical screening

If you are aged between 25 and 49 you should be attending for a cervical smear every 3 years unless you are advised differently. Women aged 50 to 64 are screened every 5 years. If you had not had a smear within this timeframe please contact the surgery

Bowel Cancer Screening

Offered to men and women aged 60 to 74 every 2 years. If you are aged 75+ you can request screening by ringing 0800 707 6060

Breast Screening

Offered to women aged 50 to 70 every 3 years. It is a rolling programme so you will receive your first invite between the ages of 50—53. If you are over the age of 70 you can self refer by contacting the screening service directly on 488055 but if you have any symptoms please see your GP first.

AAA Screening

Offered to all men in their 65th year. If you are over the age of 65 you can self refer by contacting the AAA Screening Department on 01905 733830.

www.hillviewmedicalcentre.com

Please visit our website for up to date information on the services that are available to you, including memory checks, learning disability checks and information for carers. If you are a carer please let us know by completing a yellow card which is available at reception.

Mjog Test

Messaging Service

Please make sure we have an up to date mobile number and email address for you to be able to receive appointment reminders and details of health campaigns. You can use this text messaging service to easily cancel your appointment if you do not need it improving access for everyone.

Going abroad?

Please remember to complete a travel health questionnaire to allow plenty of time for any vaccinations you may need. The form is available from reception or on our website. Please provide as much information as possible